

Take a Moment

by Fred Whitacre, Jr.

Take a moment

to consider all of the goals you set which are still left unfinished
you've put them off to smother small fires and do favors for those you don't really like that much
Or set aside improving your skills and sharpening your tools—to get a bite to eat
If you'd have started what you said you were going to start when you said you were going to start it
you'd be done with the task—a task done well
yet, still, you ponder what you will fill tomorrow with—what drab, insignificant timesuck will you undertake?

Take a moment

look at the endless time you toss away into meaningless online posts
and silly social site arguments—dealing with people you've never met in person
or (if you have met them) you don't apparently care enough about them
to argue
in person
over coffee

Take a moment

to think of your parents (if you're lucky enough to have them both around)
have you told them how much you loved them? Or that you appreciated them taking you to Cedar Point when you were six?
Tomorrow could be their last day here—or YOUR last day here
we never mention it because we fear it so
Today could be your last today
express your heartfelt sincerities to whomever it is you love—time might be running short

Take a moment

question if what you're doing right now is really what you want to do right now
Are you spending too much of your present life worrying about the after life?
Did you eat enough for breakfast? Aren't your shoes looking a little ragged?
Put the important things first, after you figure out what the important things are--
then realize that your important things aren't really important at all

Take a moment

what have you left the world?
who is your everything?
what is your only thing?

Take a moment

to drink it in—your apathy
swallow
wash it down and start again